



BC029/17

6 June 2017

Dear Colleagues,

At our Annual Delegate Conference in April 2017 the Union, in partnership with See Change, announced details of a mental health awareness campaign for PSEU representatives.

See Change is an alliance of organisations working together through the National Stigma Reduction Partnership to bring about positive change in public attitudes and behaviour towards people with mental health problems.

Our collaboration with See Change will provide training for PSEU Branch Activists to facilitate an improved awareness of mental health in the workplace. These training sessions aim to equip our activists with key skills to help members who may be struggling with mental health issues.

The initial sessions will take place in Cork, Dublin and Limerick and will run from **10.00am-1.30pm each day**. We will seek to arrange special leave for interested participants.

A schedule of sessions is set out below. Branches wishing to make nominations for these sessions should email the name and contact details of the representatives being nominated with their preferred date and location to rmckane@pseu.ie by **5.30pm on Thursday 22nd June**. Please note that, depending on the level of interest, it may not be possible to facilitate all activists at this time.

Date	Centre	Venue
29 th June 2017	Limerick	IMPACT Mid-West Regional Office, Roxborough Road, Limerick
3 rd July 2017	Dublin	CWU Head Office, North Circular Road, Dublin 1
17 th August 2017	Dublin	CWU Head Office, North Circular Road, Dublin 1
30 th August 2017	Cork	IMPACT Regional Office, Father Mathew Quay, Cork
7 th September 2017	Cork	IMPACT Regional Office, Father Mathew Quay, Cork
19 th September 2017	Dublin	CWU Head Office, North Circular Road, Dublin 1

Yours Sincerely

Roisin McKane

**To: Each Branch Secretary
EC members
SOC Members
All HQ staff**